

Transitional Living Profile

Date: June 15, 2009

Name: Step Up House, a sober living home

Gender: Men and Women; separate houses

Specific location: Northeast Austin near LBJ High School

Women- 7402 Lazy Creek Dr., Austin, 78724

Women- 5512 Burgundy Dr., Austin, 78724

Men- 7408 Lazy Creek Dr., Austin, 78724

How close is the nearest bus stop? Bus route #20 within ½ block of each house

Your ideal or desired resident: A person in recovery, working with a sponsor, willing to do whatever it takes to become a working, responsible member of Step Up House.

Size of house/layout: 4-5 bedrooms, 2.5 – 3 bathrooms, family room, patio

Handicap accessible? No

Fee structure: Deposits: one weeks' rent - \$120.00, linen/security- \$25.00

Weekly rent due at house meeting- \$120.00

Total move in with first weeks' rent - \$265.00

Travis County DHS accepted

Philosophy: Step Up House strives to provide a beautiful home in which to encourage members who are growing towards a responsible, balanced, sober life.

Structure: Step Up House has a written structure that was researched extensively with Austin Recovery and other treatment counselors and nationwide sober houses. It has been in place for over 6 years and has proven to be so successful that many others have copied it. There is no place for relapse at Step Up House, anyone found using is immediately put out of the house, this is to keep other members safe. All house members must be working, looking for work, enrolled in school or involved in service work.

Programs/Activities: Step Up House encourages members to socialize with each other at Austin Recovery Alumni functions and to attend other AA, NA or CA meetings together.

12 Step meeting schedule: Step Up House requires active participation with members' treatment center including any available aftercare along with Austin Recovery Sunday evening meeting and weekly house meetings. Members must be working with a sponsor and should be attending outside meetings

Contact information: Karien M Fox 512-879-7785 for interview

References: Many successful alumni members of Step Up House who continue in sobriety. Terry C., Adel S., Chip I., Brian S., Cameron K., Charles B., Chris D., Jim H., James W., JJ G., Jason P., Amanda H., Kalimah M., Katrina F., KC E., Lori S., Marcia R., Pam M., Stella T., Tressie C., Paula H.

Photos:



7408 Lazy Creek Dr. - Men



7408 Lazy Creek Dr. - Men



5512 Burgundy Dr. - Women