

Transitional Living Profile

Date: May 7, 2010

Name: Scott Daniel Sober Home ("Scott D's")
for Gay, Bi, Questioning Men

Specific location: Central Austin, Tx 78752

only 3 blocks from Lambda's Live and Let Live 12 Step Meetings, a strong and active LGBT community in recovery

How close is the nearest bus stop?

[map link to closest bus stops](#)

- 3 buses 0.1 miles away
- 5 buses 0.2 miles away
- 12 buses 0.3 miles away

nearby train station coming soon

Your ideal or desired resident:

As one of the only Gay-friendly sober homes, we welcome Gay, Bi-sexual, Transgender, and Questioning men as well as Heterosexual men ages 18 and older who want Recovery. We require ~30 days of sobriety. Most of our residents are directly transitioning out of an addiction treatment or recovery center, but we will consider those with a strong history of treatment and or frequent 12 Step Meetings. Letters of recommendation from therapists or sponsors may improve one's chances of being accepted.

Gender: Male and Transgender

Size of house/layout: spacious, 5 bedroom single story residential home with washer/dryer and wonderfully large common area

Handicap accessible? No

Fee structure:

\$150 one-time, nonrefundable admin fee

\$500 per month

3 month commitment

form of payments: cash or check; credit card with addition transaction fee

Philosophy:

Cultural norms and self loathing often place Gay, Bi, Transgender, and Closeted Men at high risk for addiction. Living in a safe and inclusive environment which allows individuals to embrace their sexuality and gender identity is a crucial step on their road to Recovery. Moreover, our sober family/community gives individuals the opportunity to develop healthier relationships with peers who can best support each other.

Structure:

Our 3 phase accountability program was developed a Licensed Chemical Dependency Counselor, Robert Bohls, to provide individuals with a safe and structured sober living environment. The house is overseen by a Housing Supervisor and Resident House Manager. Residents must sign-in/-out and document their whereabouts. They are expected to work, volunteer, or go to school during the day. They must be working a 12 Step Program.

Programs/Activities:

- Random Drug/Alcohol Screenings: We have a zero tolerance policy for using or breaking any other House Rule; failure to submit to UA results in expulsion
- 3 Phase Sober Living Program: If overtime the residents consistently meets our program standards, they are eligible to

advance to a higher phase rewarding them with later curfews and approved overnights.

- Life Coach: Residents weekly meet with a Life Coach who specializes in the Recovery Community. Individuals learn powerful life skills and tools.
- Weekly House Meeting: Recovery/aftercare plans and house programs are reviewed weekly.
- Wellness Program: Morning meditation is held daily and Wellness guest speakers are invited to the house.
- Leadership Program: Rotating leadership responsibilities are assigned.
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12 Step meeting schedule:

External- Residents are required to have a Home Group, Sponsor, and attend 3+ meetings per week. Lambda Live and Let Live meeting is only 3 blocks away

Contact information:

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References:

Photos:



Scott Daniel Sober Home

Gay Friendly Men's Home