

Roberto M. Acosta II, M.A., L.C.D.C.
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FEE STRUCTURE:

Sliding scale; Take most insurance

MISSION STATEMENT:

To provide quality psychotherapeutic services and make a positive difference in the lives of those in need, thus enhancing the quality of life.

CURRENT LICENSES AND CERTIFICATIONS:

Licensed Chemical Dependency Counselor, # 6752.

Certified in October 1994 to do Determinations of Mental Retardation Evaluations (Psychological Evaluations) TxMHMR # 1008.

Certified to administer the Substance Abuse Subtle Screening Inventory – 3 (SASSI-3) level II.

Certified to administer the Mortimer-Filkins Alcohol Screening Inventory.

Certified in Residential Case Management

EDUCATION:

May 1993, received a Masters of Arts in Counseling Psychology from Texas A&M International University in Laredo, Texas, with a minor in Sociology.

December 1989, received a Bachelor of Arts Degree in Psychology and minor in Sociology from Texas A&M International University in Laredo, Texas.

EXTRA-CURRICULAR ACTIVITIES:

Lectures and classes for the Licensed Chemical dependency Counselor School in Austin, Texas, providing licensed counselors, interns, practicum students, as well as others with Continuing Education Units (CEU's).

Provide Anger Management and Stress Management classes, workshops, and lectures upon request.

Conduct a six-week seminar/workshop on Active Parenting of Teens.

Coordinated and organized the first Families Anonymous Support Group in Laredo, Texas. This was the first support group of its kind in South Texas.

Served as president of the B.A.S.T.A. Advisory Counsel, a part of the substance abuse division of the Laredo State center, TxMHMR.

Assisted with the research in the development of the Spanish version of the Substance Abuse Subtle Screening Inventory by the SASSI Institute between 1997 and 1999.

Was the first person to bring and initiate, coordinate, organize, and establish the first Families Anonymous, a 12 step support group, to South Texas.

SPECIAL STUDIES:

Have done in-depth research in the following areas:

1. Psychopharmacology and Psychopathologies
2. Divorce and Separation
3. Compatible Relationships
4. The Silva Method of Mind Control
5. Marriage Encounter Groups
6. Chemical Dependency and Substance Abuse
7. History of Mental health Services for Webb County
8. Gangs in America
9. Dysfunctional vs. Functional families
10. Psychometrics

LANGUAGES:

Fluent in both English and Spanish and able to provide services in both.

MILITARY DUTY:

September 1983 to September 1986 served with the United States Marine Corps, with duty in Okinawa, Japan. I specialized in basic engine and diesel engine mechanics. Honorably discharged in September 1986.

EMPLOYMENT:

January 2008 to the present, am currently employed at the Travis State Jail, The Turning Point Inc., as a Licensed Chemical Dependency Counselor/Assessor, for new program being implemented. It is a Substance Abuse Educational Program with emphasis on a Motivation to Change approach. It is a modular program that incorporates a three track program. Duties include assessing and developing an Individual Plan of Action for all male adult felony offender's, with a history of substance use/abuse, and placing them in the appropriate track. Other duties include supervision of staff, programming, case management, program and structure development, coordination and organization of programming. I also will manage a caseload initially.

August 2005 to January 2008, worked for the Gateway Foundation in Kyle, Texas as a Licensed Chemical Dependency Counselor II. This program is a 6-9 month inpatient, residential substance abuse felony punishment facility. Duties included, but not limited to, providing counseling services to a Therapeutic Community Program of an Adult Felony Offender population in the Texas Department of Criminal Justice. Services include individual, group, and family sessions. Other duties included running the Staff on Duty, presenting various lectures, and coordinating the unit's bi-lingual programming services, and running the Structure Position Placement panels for clients. Along with the client, I also did client Intake and Screenings, Assessments, development of their Treatment Plans, Treatment Plan Reviews, Relapse Prevention Planning, Continuum of Care planning, Discharge Plans, and Discharge Summaries. I also supervised other Counselor Interns that were working towards their Licensure. There are also other duties included such as workshops for staff development and periodically developing a monthly schedule for staff, daily programming schedule, and duty assignments.

August 2004 to July 2005 worked as a school counselor for NYOS (Not Your Ordinary School) Charter School in Austin Texas. Duties included providing academic and psychotherapeutic services to students and families for grades Kindergarten through 12th. Elementary grade students were provided with community safety education, programming, and guidance. Middle School grade students were provided with lectures and information of Drug Education and Awareness, as well as lectures on appropriate relationship establishment and developing healthy self esteem and self awareness. High School level students were provided with instruction, guidance, and counseling for college entrance and all preparation required, such as testing and particular college requirements for entrance. They were also given a vocational preference inventory in an attempt to better help guide their future intentions. Other duties included assisting the school Psychologist with programming for the learning disabled and handicapped student

population.

March 1999 to the present, have done contract work for several agencies in Austin and the surrounding counties. Duties include providing the courts with Behavioral/Cognitive Evaluations, as well as counseling services, for both juveniles and adults that are referred. I also currently provide contract services for the Lifeworks of Austin. I am currently running a Spanish Speaking Domestic Violence Group at the North Austin Location. This group is held on evening per week. I used to do counseling work for Developmental Counseling Center, Inc., working with their Spanish Speaking Intensive Outpatient Treatment Program. I used to do work with the Austin Recovery Multi-family Group Program. Previous projects have included the McCabe Correctional Services Inc. assisting with their Substance Abuse Aftercare Program for Federal parole Clients preparing to re-enter society after serving time in the Bureau of Prisons; Counseling services for the United States Probation Office; and developing a residential program for the Treatment Alternative to Incarceration Program, sponsored by the Community Supervisions and Corrections Department. Worked with the BHIPS program for several agencies.

October 2000 to March 2001 was employed by the Cornerstone Counseling Services of Austin as the Therapeutic Treatment Communities Program Supervisor. This program is an Intensive Outpatient Program for adults and licensed by the state as a level III program. Duties included: supervision of four Counselor Interns; do quality assurance through program self-auditing; manage a full client caseload (e.g., provide three-hour group sessions per week plus individual and family counseling); and other duties. Affiliates included: Travis County, as well as surrounding counties, Community Supervisions and Corrections Department; various agencies affiliated with the Texas Department of Criminal Justice, Treatment Alternative to Incarceration Programs (TAIP); the Texas Commission on Alcohol and Drug Abuse (currently known as the Texas Department of State Health Services - (TDSHS), as well as other agencies.

March 1999 to September 2000 was employed by the Phoenix Academy of Austin as a Senior Counselor. Duties included supervising Counselor Interns as well as Licensed Counselors for an adolescent in-patient residential drug treatment program. Other duties included program development, organization, and coordination, as well as counseling at various levels. The program was licensed by the TDSHS and was a level II program. Affiliates included the Juvenile Justice System, various law enforcement agencies, district judges, and various other government agencies.

December 1996 to February 1999 was employed by the South Texas Rural health Services, Inc., in Cotulla, Texas, as the Clinical Programs Coordinator/Licensed Chemical Dependency Counselor for a new substance abuse program for juveniles. Duties included developing, coordinating, administrating, and clinically supervising chemical dependency program for the youth of a five county region. The program was classified as a level III Intensive Outpatient Program and followed the rules and guidelines of the state. I also worked closely with local school districts, various members of the judicial systems, and other members of the community. As the programs

administrator I helped to develop the program from the ground up. I also supervised five other staff members as well as other volunteers and/or counselor interns participating in a practicum and/or internship program for their schools or licensing agency.

May 1993 to December 1996 was employed by the Camino Real Community services, a division of the San Antonio State School, Texas Department of Mental Health Mental Retardation, as an Associate Clinical Psychologist, working with the adult mentally retarded population. Duties included: coordinating, administering, and supervising all clinical activities for a six county region; conducting all Determinations of Mental Retardation Reports (Psychological Evaluations) and develop individual plans accordingly; coordinating quarterly Psychoactive medication reviews; developing and implementing Behavior Modification and Behavior Management Programs; providing staff with support training services as requested; provided counseling services; and various other duties.

LECTURES AND PRESENTATIONS:

September 1991 conducted a presentation on the subject of dysfunctional families at Cigarroa High School in Laredo, Texas.

January 1992 was on several talk shows with various media agencies, to include the Susan Carlson Show on K.V.T.V. and a personal interview for K.G.N.S., in Laredo, Texas. At that time, the focus was on the introduction of the new support group available to the area, Families Anonymous.

February 1992 conducted a presentation the Laredo Housing Authority also on the Families Anonymous Support Group.

REFERENCES WILL BE FURNISHED UPON REQUEST