

PROFESSIONAL PROFILE

Katherine Aguirre, MA, LPC
4611 Bee Caves Road
Suite 210
Austin, TX 78746
512-587-2243
katherineaguirrelpc@gmail.com
www.katherineaguirre.com



Specializations:

Love Addiction/Love Avoidance, Drug and Alcohol Addiction, Codependence, Family of Origin Work, Trauma

Personal:

- Dedicated professional with over 6 years of counseling experience spanning non-profit agencies, residential treatment, secondary level treatment, and now private practice
- Personally engaged in recovery and utilizing the 12 Steps for continuous healing, growth, and transformation
- Pia Melody/Meadows trained therapist experienced in treating the core issues created during 0-18 yrs old which set people up for developmental immaturity issues, spirituality issues, addiction issues, depression, physical illness, and intimacy issues to name a few
- Known for having a warm, genuine, and open disposition

Licenses & Certifications:

LPC- Licensed Professional Counselor

Education:

Bachelor of Arts in Psychology- The University of Texas at Austin
Master of Arts in Counseling- St. Edward's University, Austin, TX

Summary of Experience:

- Pia Melody/Meadows trained
- Counselor at The Meadows Texas, an extended care facility for addictions and co-occurring disorders
- Primary Counselor at Spirit Lodge, a residential treatment center for chemical dependence
- Smoking Cessation Counselor at the American Cancer Society

-Adult Counselor Intern at Safeplace, an agency for survivors of sexual assault/sexual abuse and domestic violence

Fee structure:

-The fee for a 50 minute session is \$100

-I currently do not accept insurance, but will provide receipts for clients to submit for reimbursement

-Fees for training and speaking vary

Professional Affiliations:

Texas Association of Addiction Professionals

NAADAC- the Association for Addiction Professionals (National)