

I have over 13 years experience working with clients dealing with co-occurring mental health and substance abuse disorders (COPSD). I have provided group and individual counseling to adults, youth, and "at-risk" families. I am experienced in working within an indigenous population format based on providing street outreach and crisis counseling to street dependent youth and adults. I have taught harm reduction methods, providing HIV education, oral HIV testing and have multiple years experience in case management, community linkage, and resource and referral. I am currently licensed as an LCSW in Texas, Virginia, and North Carolina. I am a TSBSWE approved Clinical Supervisor; a NADA trained Acu-detox Specialist, DSHS Certified PCPE (patient counseling, partner elicitation), and Reiki Master Level III. My practice is client-centered counseling, solution focused, and mindfulness based and my clients appreciate my warmth and my common sense approach to problems. I offer crisis intervention; harm reduction work; brief solution focused therapy. I also provide substance abuse assessments and am willing to work with you on an ongoing supportive relationship in order to aid you in moving through a particular point in your life.

My office is conveniently located within easy reach of Highways 183 and 290 as well as IH-35 in Austin Texas. I do not accept insurance as I believe identifying the therapeutic process with a diagnosis and pathology is has the potential to be more harmful than helpful as a person moves through life. However, I am happy to provide receipts for a client to file with their insurer upon request. My fees are competitive and reasonable and I am able to offer some after business hour appointments in situations where time constraints are an issue.

For more information, call or email me at:

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