

## PROFESSIONAL PROFILE

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### **Specialization:**

Adults, young adults; Individual & couples counseling  
Topics: Relationships, codependency, addictions, wellness, life changes

Also provide professional consulting, training and speaking, and executive/life coaching

### **Personal:**

Entrepreneur  
Balance respectful confrontation, humor and empathy for an adventurous therapeutic journey  
Actively engaged in personal growth and wellness  
Travel enthusiast and social cause advocate

### **Licenses & Certifications:**

LPC - Licensed Professional Counselor  
LCDC -Licensed Chemical Dependency Counselor  
AAC- Advanced Addictions Counselor  
ADC 3 - Alcohol Drug Counselor, Level III, Diplomat  
CPS- Certified Prevention Specialist

### **Summary of Experience:**

28 years professional educator  
Professional counselor since 1989  
Post Induction Therapy training with Pia Melody (The Meadows)  
Professional trainer, speaker, consultant – local, state, national level  
Serve on a variety of advisory boards and committees in support of individual and organizational well-being  
Actively participate in professional and personal continuous education

## **Fee structure:**

Standard fee for 50 minute session

Do not work with insurance; will provide receipts for client to submit for reimbursement

Fees for consulting, training, speaking - vary

Coaching fees for specific number of sessions

Contact for current fees and payment responsibility

## **Professional Affiliations:**

Texas Association of Addiction Professionals

Austin Chapter of TAAP

Texas Counseling Association

Texas Association of Student Assistance Professionals – Board

Center for Students in Recovery (UT) – Board

Capital of Texas Counseling Association

Bouldin Creek Neighborhood Association – Steering Committee

Austin Film Society

## **Education:**

Bachelor of Education – Speech & Hearing Therapy, 1975 – West Texas A&M University, Canyon, TX

Master of Arts – Speech, 1978 - WTAMU

Master of Education – Professional Counseling, 1988 - WTAMU

## **References:**

Available upon request