

## Transitional Living Profile

**Date:** October 27, 2009

**Name:** Amesbury Sober Home  
for Gay, Bi, Questioning & Trans Men  
a SoberHood.org property

**Specific location:** Central Austin, Tx 78752  
only 3 blocks from Lambda's Live and Let Live 12 Step Meetings, a  
strong and active LGBT community in recovery

**How close is the nearest bus stop?**

[map link to closest bus stops](#)

- 3 buses 0.1 miles away
- 5 buses 0.2 miles away
- 12 buses 0.3 miles away

**nearby train station coming soon**

**Your ideal or desired resident:**

As one of the only Gay-friendly sober homes, we welcome Gay, Bi-sexual, Transgender, and Questioning men as well as Heterosexual men ages 18 and older who are transitioning out of an addiction treatment or recovery center.

**Gender:** Male and Transgender

**Size of house/layout:** 3 bedroom 2 bathroom with washer/dryer  
and large common area

**Handicap accessible?** No

## Fee structure:

\$500 Sobriety Deposit

\$650 per month

3 month commitment

form of payments: cash or check; credit card with addition transaction fee

## Philosophy:

Cultural norms and self loathing often place Gay, Bi, Transgender, and Closeted Men at high risk for addiction. Living in a safe and inclusive environment which allows them to embrace their sexuality and gender identity is a crucial step on their road to Recovery.

## Structure:

Our program was developed and is overseen by Robert Bohls, a Licensed Chemical Dependency Counselor who has created several Recovery Programs across the United States. Our House Manager lives on the property and strictly holds the residents accountable to our House Rules, the foundation of our 3 Phase program. Residents must sign-in/-out and document their whereabouts. They are expected to work, volunteer, or go to school during the day. They must be working a 12 Step Program.

## Programs/Activities:

- LCDC Crisis Hot-line: If residents find themselves in crisis, they have access to Robert Bolhs, our Licensed Chemical Dependency Counselor. On going counseling and therapy is coordinated directly through our LCDC or other Health-care Professionals.
- Random Drug/Alcohol Screenings: We have a zero tolerance policy for using or breaking any other House Rule; failure to submit to UA results in expulsion
- 3 Phase Sober House Program: If overtime the residents consistently meets our program standards, they are eligible to advance to a higher phase rewarding them with later curfews and approved overnights.

- Weekly House Meeting: Recovery/aftercare plans and house programs are reviewed weekly.
- Wellness Program: Morning meditation is held daily and Wellness guest speakers are invited to the house.
- Leadership Program: Rotating leadership responsibilities are assigned.
- Life Skill Program: Residents must learn to be self sustaining. They are expected to cook, clean, and work, volunteer, or go to school.

## 12 Step meeting schedule:

**External-** Residents are required to have a Home Group, Sponsor, and attend 3+ meetings per week. Lambda Live and Let Live meeting is only 3 blocks away

## Contact information:

Robert Bohls, LCDC, TADT  
Program Director  
512-497-6463

Jason Howell, MBA, LMT  
**Executive Director**  
512-466-1381  
jason.howell@soberhood.com

Dale Trees  
House Manager  
512-828-9357

## References:

## Photos:

# Amesbury Sober Living

## Gay Friendly Men's Home

