

## Transitional Living Profile

**Date:** 6/15/2009

**Name:** A.C.T.S. - North Austin Sober Houses (NASH)

**Specific location:** North Central Austin (78758)

Mountain Quail (ACTS-I)

South Meadows (ACTS-II)

Pointer Lane (ACTS-III)

### **How close is the nearest bus stop?**

ACTS-I: 3 houses down (Route 325: Rundberg & Mountain Quail); 1/8 mile (Route 1M: Rutland & Mountain Quail); 3 additional stops within 1/2 mile.

ACTS-II: 1/4 mile (Route 240: Parkfield & South Meadows); 1/2 mile (Route 392: Braker & Parkfield); 3 additional stops within 1 mile.

ACTS-III: 0.14 mile (Route 325: Galewood & Payton Gin); 0.20 mile (Route 240: 1600 Ohlen); 1/3 mile (Route 383 & 481: Research & Target)

### **Your ideal or desired resident:**

We offer three residential locations for men in recovery. The ideal resident is one with a strong commitment to sobriety; has a sponsor or is actively seeking a sponsor; participates in a 12-step program; and is employed or actively seeking employment. He should have no history of violent crimes and he must not be a sex offender.

## **Size of house/layout:**

ACTS I: 4 bedroom, 2 bath, 2 living areas, single story home with a 2-car garage and covered patio. The laundry facilities are located in the garage. The house was remodeled late 2007 and has been decorated with new and/or gently used furnishings.

ACTS II: 3 bedroom, 2 bath, 2 living areas, single story home with a large eat-in kitchen, indoor laundry room and enclosed patio. The house was remodeled in 2008 and has been equipped with new and/or gently used furnishings.

ACTS III: 4 bedroom, 2 bath, 2 living areas, single story home with a 2-car garage, indoor laundry room, open eat-in kitchen, newer appliances, and a large covered patio. The home is outfitted with new and/or gently used furnishings.

All homes have digital cable TV in the living areas, local and long distance telephone service, a house computer with high speed internet, and wireless internet access for personal computers. We provide paper towels, bath tissue, laundry soap, iron and ironing board, house cleaning supplies, and coffee. Residents must provide their own food and personal toiletries.

**Handicap accessible?** No

## **Fee structure:**

\$125 per week plus a \$200 deposit

We do accept SSI/SSDI and DHS. No Sex Offenders.

**Philosophy:** We believe each person must make an **Active Commitment To Sobriety (A.C.T.S.)** in order to succeed in a transitional living home. Our commitment is to provide a safe, structured, sober living environment for the individual who seeks to apply a 12-Step approach to their life and wishes to gain stability and a sense of purpose by becoming a productive member of society. We treat each resident with respect and dignity and expect the same of them. The residents' commitment is to remain sober, be responsible and accountable for their actions, follow all house rules, and encourage each other to do the same.

**Structure:** All houses have an on-site manager. It is our firm belief that each resident is responsible for their own actions and their own sobriety; therefore, the house manager's primary duties are to introduce and instruct the new resident to the culture of the home, hold all residents accountable to their commitment to sobriety and good self care, and to ensure that the house rules are being followed. The owner is very active in the management of each house and is available to offer support, guidance, and direction to the residents.

**Programs/Activities:**

1. Residents are required to attend 12-Step meetings, have a sponsor, and actively be working the steps.
2. Residents are required to attend a weekly house meeting.
3. Residents must have a job within 2 weeks of residency regardless of how they are funded.
4. Residents are required to maintain good personal hygiene, complete weekly chore assignments, keep the house clean and orderly at all times, and maintain their own personal space and belongings.
5. Residents are allowed to have family members and friends visit in accordance with the house rules.

**12 Step meeting schedule:**

All homes are conveniently located near various NA, CA, & AA 12-step meetings including: NA24, Club 101 and Northland. The homes are also centrally located for easy access to several aftercare and alumni meetings.

**Contact information:**

Mike Archer: 512- 497-2147  
nashhouse1@austin.rr.com

<b><u>References:</u></b>	Charlie Parker	512-784-3410
	Mark Houston	512-963-4007
	Tony Ruiz	512-970-1018

**Photos:**

**Mountain Quail**



## Mountain Quail



## South Meadows



Pointer Lane

